

Welcome to the June - July issue of Surrey News

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Please note: Some articles in the front of the newsletter also include information for young people and adults.

With summer approaching and exam season underway for many families, we're all looking forward to some sunnier days ahead! Early April's high winds didn't deter us from having a well-attended information stall on Reigate High Street, and a rather warmer indoor stall in Haslemere Methodist Church, to mark World Autism Acceptance Week. Our thanks to the committee members who helped, especially to the many members of our Reigate support group who gave their time to help out as 'day volunteers', making the event such a success. If you would like to offer your services as a day volunteer (or full volunteer) please let us know.

In May, Guildford Baptist Church hosted us for our Annual General Meeting. Business included the re-election of Haywood Drake as Branch Treasurer and us as Co-Chairs (see page 4 for a link to the Annual Report). The AGM was followed by an informative and entertaining talk by Mike Leat, Millie and Gill from Autism by Experience entitled "Managing in an Uncertain World". The event was fully booked with a long waitlist – copies of slides from the talk are available in the [resources section of our website](#).

We'll be hoping for good weather in June when we return for a session of Adventure Golf at Mr Mulligan's in Hoebriidge, a pirate-themed crazy golf course where families play together and children can enjoy a 'post-match' tea of pizza and chips. Last year's trip to Mr Mulligan's proved very popular, so be sure to book early to secure your places.

Christine Malik and Jason Malschuk
Co-Chairs, NAS Surrey Branch

Email: surrey.branch@nas.org.uk

Website: <https://NASSurreyBranch.org>

Tel: 07423 435413

Facebook: @NASSurreyBranch

Donations:

<https://justgiving.com/fundraising/nassurreybranch>

NAS Surrey Branch Contacts

General Information

Branch Mobile: 07423 435413

surrey.branch@nas.org.uk

Joint Chairs:

Christine Malik
Jason Malschuk

Treasurer:

Haywood Drake
Treasurer.NASSurreyBranch@nas.org.uk

Adults:

Sara Truman
strumansurrey@gmail.com

Branch Membership:

Nancy Rowell
nassurreymembership@hotmail.com

Events:

Rachel Boyce-Davis
Rachel.Boyce-Davies@nas-volunteers.org.uk

Website & Newsletter:

Emma Whitfield
emmawhitfieldnassurrey@gmail.com

Parents of Girls' Group

Sally Roberts
sallyaroberts@hotmail.co.uk

Parents of Adults' Group

Hilary Dyce
hilarydyce@yahoo.co.uk

Parents of Children with PDA Group

Emma Ellis
Emma.ellis@nas-volunteers.org.uk

Other Activities:

Jill Goulding
Rachel Boyce-Davies
Stella Smith
Victoria Nunn

POSTAL ADDRESS

NAS Surrey Branch
c/o Walton Charities,
2 Quintet, Churchfield Road,
Walton on Thames KT12 2TZ

NB: No NAS staff / volunteers work here.

Other Useful Contacts

Unless clearly stated, organisations are not endorsed by NAS Surrey Branch or the NAS.

NAS website: <https://www.autism.org.uk/>
NAS membership: <https://bit.ly/3l84tBW>

Education Support

SEND Advice Surrey: 01737 737300
www.sendadvice.surrey.org.uk
SOS!SEN charity to support EHCPs etc, Tel: 020 8538 3731, Web: www.sossen.org.uk

Family Support & Representation

Family Support Service
Mindworks www.mindworks-surrey.org
Portage – support for children with SEND under 3.5 years <https://bit.ly/3zLW635>
Family Voice Surrey parent representation www.familyvoicesurrey.org
Action for Carers tel: 0303 040 1234 <https://www.actionforcarers.org.uk/>

Parent Programmes

NAS Stepping Up For Autism course
Email: Surrey.FamilySupport@nas.org.uk

Activities for children and young people

NAS Resource Centre, Godalming: 01483 521743 SEResourceCentres@nas.org.uk
interAKTive, Epsom-based charity for children with ASCs and other difficulties 07876 762178 www.interaktive.org.uk

Adult Services

Surrey Adult Social Svcs: 0300 200 1005
NAS Surrey Service Tel: 01483 861600, email: surrey.service@nas.org.uk

Employment Support

Employability for people with disabilities including ASCs Tel: 01483 806806 <https://bit.ly/3f8WXTu>
AS Mentoring specialist mentoring and employment support for autistic people <https://asmentoring.co.uk/>

Benefits advice

For children: <https://bit.ly/3xblygN>
For adults: <https://bit.ly/3ydoXNq>
Cerebra Downloadable DLA guide: <https://bit.ly/4axWN2A>

NAS SURREY BRANCH CALENDAR June - August 2024

NAS Surrey Branch support groups enable parents or other family members of autistic children or adults to meet up with others and share knowledge and experiences.

If there isn't a group in your area, why not start one yourself? For more information, email surrey.branch@nas.org.uk

Please contact the host if you are planning to attend a meeting so that they know numbers and to confirm that the meeting is going ahead.

ZOOM SUPPORT GROUP FOR PARENTS/CARERS OF AUTISTIC CHILDREN IN SURREY

Meets monthly during term-time. Your child does not need a diagnosis for you to attend. For Zoom links for these meetings, email support@nassurreybranch.org Please note, this email address is only for enquiries regarding this support group: for general enquiries please email the Surrey Branch email above.

Wednesday 19th June - 10am

Monday 15th July – 8pm

No meeting in August

LOCAL IN-PERSON SUPPORT GROUPS

In-person support groups run by parent-volunteers for parents/carers of autistic children in Surrey. Your child does not need a diagnosis for you to attend.

Ashtead

For venue contact: Tarah Basu tarahbasu@googlemail.com

Tuesday 18th June – 10am

July – TBC

No meeting in August

Frensham

For venue contact: Christine Malik christinemalik@btinternet.com and [Bonnie Noyce JBNoyce@yahoo.com](mailto:BonnieNoyce@yahoo.com)

Monday 10th June 9.30 - 11.00 am

Monday 8th July 9.30 - 11.00 am

No meeting in August

Guildford

For venues contact Sara Truman strumansurrey@gmail.com

Friday 7th June 10.00am – 12.00 noon

Wednesday 17th July 7.30 – 9.00 pm

No meeting in August

Reigate

For venue contact: Victoria Nunn: victoria.nunn@nas-volunteers.org.uk

Friday 7th June 10.00am - 12.00 noon

Friday 5th July 10.00am - 12.00 noon

No meeting in August

Woking

For venues contact Paula Gerrard: paulagerrard@live.co.uk

Wednesday 5th June 10am – 12.00 noon

Tuesday 2nd July 8 – 9.30pm

No meeting in August

If you have problems clicking on any links, you may need to paste them into your browser

SPECIAL INTEREST GROUPS

Parents of Adults Group

Face-to-face meetings in West and East Surrey alternate with Zoom meetings. Contact hosts for venues/links.

Thurs 6th June 2.30pm **Zoom** Contact Hilary Dyce hilarydyce@yahoo.co.uk

Weds 19th June 7.30pm **Zoom** Contact Sara Truman strumansurrey@gmail.com

Weds 10th July 7.30 pm **Woking** Contact Hilary Dyce hilarydyce@yahoo.co.uk

Mon 22nd July 7.30 pm **Leatherhead** Contact Sara Truman strumansurrey@gmail.com

Weds 7th August 2.30 pm **Zoom** Contact Hilary Dyce hilarydyce@yahoo.co.uk

Tues 20th August 7.30pm **Zoom** Contact Sara Truman strumansurrey@gmail.com

Parents of Girls Group – Woking and Guildford

A group for parents of girls. Meets about once a month during term-time.

For venue contact Sally Roberts sallyroberts@hotmail.co.uk

Thursday 13th June 10am – 12 noon **Guildford**

Friday 12th July 10am – 12 noon **Woking**

No meeting in August

Spouses and Partners Group, Guildford

Meetings for the partners of autistic people (no diagnosis necessary).

For venue contact: Janet Moore janet.moore195713@gmail.com

Meeting dates to be confirmed

Parents of children and young people with Pathological Demand Avoidance

This group meets over Zoom. To receive the Zoom link contact Emma Ellis at emma.ellis@nas-volunteers.org.uk

Thursday 27th June 8.00pm

Thursday 25th July 8.00pm

No meeting in August

Don't forget our **email support group** – the NASSB online forum.

To join go to: <https://nassurreybranch.org/moderated-email-forum/>

NAS Surrey Branch AGM Report

We held our AGM in Guildford on 16th May, where co-chairs Christine Malik and Jason Malschuk summarised the huge amount of work undertaken by Branch volunteers over the past year. We have introduced new family activities such as Dungeons and Dragons, crazy golf and swimming - in conjunction with the NAS family service – which join regular favourites including our children's Christmas party and climbing. We have hosted numerous talks from experts in education, clinical psychology, education, independent living and social care.

A large part of the work has been working alongside professionals from education, health, social care and other fields on Surrey's All Age Autism strategy which is now at the implementation phase.

You can download the [annual report and accounts](#) from our website.

If you have problems clicking on any links, you may need to paste them into your browser

Children's Adventure Crazy Golf Event 30th June

On Sunday 30th June there will be another Branch outing to *Mr Mulligan's Pirate Golf* at Hoebridge Golf Club in Woking. This is a crazy golf course where families can play together. Family groups will be given individual arrival times between 3.00 pm and 4.30pm, to reduce the time spent waiting. After the group have played their round, there will be a room set aside for the children to have a tea of pizza, chips and drinks.

The cost for each player (parents and children) is subsidised by the branch, so will be £4 per person, with an additional £5 per child for the tea if required. Parents will remain responsible for their children at all times.

To book, please email surrey.branch@nas.org.uk as soon as possible saying how many adults and how many children would be in your group, your mobile phone number and how many children would want the pizza tea, plus any special dietary requirements. Places will be allocated on a first-come, first-served basis, and last year it sold out.

Relaxed Opening: Olympic Torches at Guildford Museum

Guildford Museum is holding its first relaxed opening outside normal opening hours for families who need a quieter environment.

Relaxed openings are aimed at families with autistic children or any other sensory needs. During relaxed sessions:

- Light levels are good
- Sound levels are reduced
- A quiet room is available
- Visitors can make as much noise as they wish

During the session, you'll have a chance to hold a London Olympics relay torch from either 1948 or 2012 and can also make your own Olympic torch to take home in a fun craft activity.

Date: Thursday 1 August

Time: 10.30am until 11.30am

Location: Guildford Museum, Quarry Street, Guildford, GU1 3SX

If you have any specific questions or access requirements please get in touch and ask for the Access, Learning and Engagement team.

Booking is essential. It's free to attend, but donations are welcome. To book, and for more information, email heritageservices@guildford.gov.uk or phone 01483 444751.

Support Groups in Byfleet and New Haw

A support group for parents of neurodivergent children, Beautiful Minds, is running Cuppa and Catch Up sessions for parents.

The sessions are the second and fourth Thursday of the month in New Haw from 7.30 – 9.30pm, and the first Friday of the month in West Byfleet from 1.00 – 2.30pm.

For more information email thebeautifulmindsfamily@gmail.com

If you have problems clicking on any links, you may need to paste them into your browser

Update on EHCP Delays

Dr Julia Katherine, Interim Director of Education and Lifelong Learning at Surrey County Council has published an update on Education Health and Care Needs Assessment and Annual Review delays. It includes an outline of the recovery plan that Surrey has in place to address the delays and what it calls 'challenges' in the system.

You can read her letter on the Surrey Local Offer website here:

<https://www.surreylocaloffer.org.uk/news/open-letter-regarding-ehcp-and-annual-review-timeliness>

FVS Oxted Coffee Morning with SEND Advice Surrey

Family Voice Surrey is hosting a free coffee morning at the British Red Cross Hall in Oxted on June 7th from 10.00am – 12.00pm. SEND Advice Surrey - the county's Special Educational Needs and Disabilities Information and Advice Service - is also joining this session.

You're welcome to go along to talk to SEND Advice Surrey, or just to meet other parents of babies, children and young people with additional needs.

The meeting is at The British Red Cross Hall in Oxted, opposite the entrance to Tandridge Leisure Centre, behind Morrisons - Hoskins Rd, Oxted, RH8 9HT.

Please email gretta.s@familyvoicesurrey.org for further details.

School Transport Survey for Families Refused SEND Transport

Contact, a charity which helps families with children with disabilities and SEND, is running a survey to find out about families experience of school transport for disabled children aged 11-16. The link is here: [Contact School Transport Survey](#)

It's specifically for families with children aged 11 – 16 who have been refused school transport for their child with SEND because they live within three miles of school and are expected to accompany their child / children.

They also have useful information about school transport on their website:

<https://bit.ly/3KbxmZq>

The Autism Show in London

The Autism Show, the national event for autism, is taking place at London ExCel from 14th – 15th June.

It has information and direction pre or post diagnosis to help with facing daily challenges, or approaching significant transition points. There are over 100 hours of talks, clinics and workshops, plus specialist products and services.

Once inside the event, all content is free to access and CPD certified for professionals.

If you book tickets in advance you save 20%. There are more details on Eventbrite <https://www.eventbrite.co.uk/e/the-autism-show-london-tickets-713626946407>

If you have problems clicking on any links, you may need to paste them into your browser

Carers Week Activities in Surrey 10 – 16 June

Carers Week is designed to raise awareness of the 5.7 million unpaid carers across the UK and will have the theme 'Putting Carers on the Map'.

Carers Week, taking place from 10th – 16th June 2024, is a UK-wide awareness campaign seeking to increase visibility for carers with decision makers, services, employers, communities, and businesses.

In Surrey, Action for Carers is opening its Hubs around the county from 10am-2.30pm on different days during Carers Week, with coffee/tea and cake on offer.

Carers are invited to drop in for refreshments, to catch up with others, join in with any special events happening and you can even pick up a free Carers Week goody-bag!

There will be other community organisations there offering information and support.

For details of which days the hubs are open, go to the Action for Carers website: <https://www.actionforcarers.org.uk/how-we-help/carers-week-2024/>

Surrey Carers' Cards

If you are a carer, you can apply to become a Surrey Carers' Card holder, which offers access a host of discounts and offers.

There are two types of card, both of which highlight your caring role if you are suddenly unavailable:

The Surrey Carer's Card contains the contact details of your substitute carer and is a good option if you already have a trusted second person who can step in to provide care. It includes a card and key-fob with your emergency contact's phone number, so they can be contacted to step in and provide care if you are unavailable.

The Carers Emergency Card comes with a unique reference number, which enables a personalised Emergency Care Plan to kick into action, 24/7, and comes with up to 48 hours of emergency support. It includes

- Card and key fob.
- Crossroads phone number and your unique reference number printed on the card/fob.
- Access to a fully-funded Emergency Care Planning Service enabling someone you know or trained Crossroads staff members to step in and provide short-term care in an emergency situation.

Both cards include access to a range of perks and benefits in Surrey for unpaid carers.

Find out more on the <https://crossroadscaresurrey.org.uk/surrey-carers-card/> call 01372 869970 or email enquiries@ccsurrey.org.uk.

If you have problems clicking on any links, you may need to paste them into your browser

Webinar Recording of SEND Law Training for Parents and Carers

In May, IPSEA held a free webinar entitled 'The SEND journey and your rights as a parent/carer'. If you missed it, you can order a recording from their website.

The session explains about the range of support IPSEA has for parents and carers as well as:

- where you can find helpful guides and resources
- what support children and young people with special educational needs and disabilities (SEND) are legally entitled to
- what you can do if the law is not followed or you need to make a complaint

The content is relevant if you are looking to secure additional support at school and/or an EHC plan for your child or already have an EHC plan in place but would like to learn more about the law and how it applies to children and young people.

You can order the recording here: <https://www.ipsea.org.uk/free-webinar-the-send-journey-and-your-rights-as-a-parent-carer>

Workshop by Autism By Experience at Clandon Wood

The charity the Brigitte Trust is hosting a workshop led by Autism By Experience at Clandon Wood Nature Reserve & Natural Burial Ground on Monday, June 17th from 10am - 12:30pm. It will focus on areas including:

- An overview of the autism spectrum and common strengths of autistic people
- Sensory differences and helpful strategies
- Communication differences and developing a shared language
- Social interaction, building rapport and approaches to support
- Anxiety and wellbeing
- Structure, routine and organising daily life

This event is free and open to everyone. Please book your space via Eventbrite: <https://bit.ly/4btnaHt> If you have any questions, email admin@brigitte-trust.com

'All Aboard' Inclusive Play Sessions

All Aboard Club runs inclusive train play sessions for autistic, ADHD and special needs children where they can build and play with huge train sets in a safe, understanding and supportive environment. At play sessions, children can run the trains, build the track, and sort out any problems. All Aboard Club staff and volunteers have lived experience of autism and ADHD. The sessions are suitable for children and siblings aged 4 and upwards and a parent or adult carer needs to stay for the whole session.

Local sessions run in Sutton and Woking: <https://www.allaboardclub.com/play-sessions/> For more information call 07948 407343 or email info@allaboardclub.com

Newsletters from Surrey's Additional Needs and Disability Updates

You can sign up for updates for families of children and young people with additional needs and disabilities and the practitioners who help them. To get the newsletters emailed to you, fill in the form here and click the subscribe button: <https://pages.comms.surreycc.info/page/preview/288B3B122E52D0D367B73BBDBFC9D89>

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Sensory Room at Stanwell Family Centre

Stanwell Family Centre has a Sensory Room for children with special needs up to the age of 11. The room is equipped to provide either gentle stimulation or relaxation through touch, sound, smell and a range of visual features.

It includes colourful bubble tubes, glitter balls, tactile panels and interactive sound and light panels encourage hand and eye coordination, and the development of social and language skills.

The Sensory Room is open at various times Monday to Friday. £1 per family for a 45 minute session. Bookings can be made by calling 01784 241407
Hadrian Way, Stanwell, TW19 7HE www.stanwellfamilycentre.org.uk

Appeer Weekday Groups for Autistic Young Women aged 16 - 25

Appeer is a Community Interest Company designed to support autistic girls and women and those around them, including families and professionals. Among other events and activities, they run a weekday 16-25 Group to support autistic young women who may not be in work or full-time education, including those who are home educated, in part-time online or in-person education, and/or do not access education or work.

They can support Participants who have EHCPs (this includes those who have EOTAS packages or who are on a school/college/university roll but require additional support from Appeer to help make school/college/university successful).

They also support those who are in school or work but who would benefit from some peer connections, small group specialist support and respite from busy environments. They are able to consider applications from autistic young women in the Surrey, SW London, Hampshire or Berkshire areas who can attend independently without 1:1 support and who meet the admissions criteria.

The Weekday 16-25 Group is a 2-hour weekly group session where autistic young women aged 16 -25 can connect with their peers whilst enjoying a range of activities which aim to:

- reduce social isolation and boost wellbeing.
- promote an understanding of self, including as autistic and neurodivergent individuals.
- improve abilities to connect, self-advocate and communicate with others.
- practise and discuss life skills and work skills (where appropriate).

To find out more about this, or Appeer's other groups for women and girls, go to <https://www.appeer.org.uk/weekday-16-25-group>

Raise Money for NAS Surrey Branch For Free!

Do remember, you can support NAS Surrey Branch without it costing you a penny by using easyfundraising.org to raise FREE donations with your everyday shopping. It's quick and easy to sign up: <https://bit.ly/3sUfIGF>.

If you shop on your phone, you can now download the app from the Apple Store or Google Play.

If you have problems clicking on any links, you may need to paste them into your browser

INFORMATION FOR ADULTS, YOUNG PEOPLE AND THEIR FAMILIES

South West Surrey Valuing People Groups

The South West Surrey Valuing People Group is taking place at Surrey Community Action on 5 June from 10.30pm to 12:30pm. They will be talking about Medication Reviews, Surrey People Group and New Hospital Program.

If you would like to attend this session, email: ldcommunications@surreycc.gov.uk

Active Wellbeing Coaching in East Surrey

Active Prospects is a charitable organisation that helps people who are autistic, have learning disabilities or physical and mental health needs.

The charity has recently launched Active Wellbeing Coaching, a new initiative to support Autistic and Neurodivergent Adults in East Surrey with mental health needs.

They offer focused 1:1 coaching and small group workshops, offering a wellbeing approach to improving mental health. To learn more about the service, email wellbeingcoaches@activeprospects.org.uk

LinkAble Club Nights In Woking

LinkAble is running its next Club Night, Mayhem, for people with learning disabilities or special needs in Woking on Saturday 1st June.

Date: Saturday, 1st June

Time: 7 - 11 pm

Age: This event is for 18+

Cost: £7 per person (carers also need to buy a ticket)

Tickets: You can buy your ticket via the LinkAble website:

<https://www.linkable.org.uk/events/june-mayhem> NB tickets purchased online cannot be refunded. Or you can pay on the door (card preferred)

Venue: Fiery Bird, 32 Goldsworth Road, Woking, GU21 6JT

Music: The Mayhem DJs will play a mix of current chart hits and the best classics

Refreshments: There is a bar serving soft and alcoholic drinks (card or cash).

Please note, the venue will be checking bags on the door. You can download an easy-read guide to the evening from the LinkAble website.

Survey on Outpatient Experiences of Neurodivergent People

Health Watch Surrey is running a survey to understand the experiences of neurodivergent people receiving care as an outpatient in Surrey hospitals and their partners. They want to understand where services are working well and when they are not, and to provide the hospitals with suggestions about what can be improved. They welcome views and experiences from all ages.

They are an independent service listening to experiences from people in Surrey and providing evidence based feedback to commissioners and providers. All responses are anonymous. You can complete the survey here:

<https://www.smartsurvey.co.uk/s/OutpatientsSurreyNDSurvey/>

If you have problems clicking on any links, you may need to paste them into your browser

Learning Disability Week Events in Surrey

17th – 23rd June is Learning Disability Week designed to raise awareness of what life is like if you have a learning disability.

The theme for this year's Learning Disability Week is "Do you see me?" about challenging the barriers people with a learning disability face.

There are two events in Surrey during the week:

Managing My Money - organised by the Proactive Community in partnership with Surrey People's Group and Include.org. Friday 21st June, Woodhatch Place, Reigate.

The event is for people with learning disabilities and will include workshops, a marketplace, and refreshments. More information will follow.

Shout about Sex in Surrey - a community event for people with learning disabilities and those who support them organised by Surrey and Borders Partnership Learning Disability Community Team. 18th June 12.00 – 3.00pm at Nescot, Reigate Road, Epsom, Surrey, KT17 3SD.

The session includes getting help with sexual health, consent, healthy relationships, sex and contraception and LGBTQ+.

To book tickets here: <https://www.tickettailor.com/events/sabp2/1224092> or for further information email rx.ctpldeast@nhs.net

Supported Learning Service for Adults with Learning Difficulties

Surrey Supported Learning Service helps adults with Learning Difficulties to meet their individual learning needs, interests and goals. They will meet with you to talk about the course(s) you would like to do and how they can help. They offer a range of entry level courses designed to access independent living, personal development and employment skills opportunities.

They can help improve communication, reading, writing, number and ICT skills, improve confidence, enhance employability skills and discover opportunities to maintain physical and mental well-being.

Full details of programmed courses can be found in the current Course Directory available at adult learning centres or from the Surrey County Council website: www.surreycc.gov.uk/supportedlearning, or by requesting a copy from the Customer Service Team on 0300 200 1044.

Courses are held at adult learning centres in Esher, Molesey, Sunbury, Guildford, Camberley, Farnham and Woking as well as at local community venues. Each centre is different and most are conveniently located in a town centre.

For an informal chat or to arrange a visit, contact the Customer Service Team who will be able to direct you to the right person to talk to. Tel: 0300 200 1044 or email supported.learning@surreycc.gov.uk

Addlestone Open Day and Games Night

County Care are holding an Open Day at Addlestone Community Skills Project Hub on Tuesday 4 June from 12pm - 6pm. At the Open Day, you will be able to see their new venue including their Project Enterprise, Project Cafe, Project Radio and Woodwork Project.

They are also holding a free games night every Wednesday evening 6.30pm to 8.30pm at The Corzo Lounge, Reigate. Please bring money for food and drink. For details, call County Care on 01483 224 183.

New inclusive dance class at YMCA East Surrey

A new Music and Movement class is starting at YMCA in Reigate on Mondays starts on 3 June at 11.30 for an hour. For details email

Russell.bewley@ymcaeasysurrey.org.uk or call reception 01737 779 979.

For up to date news and information about our events, and those organised by other local organisations, do sign up to the NAS Surrey Branch email forum <https://nassurreybranch.org/moderated-email-forum/>

About NAS Surrey Branch

NAS Surrey Branch is a volunteer-run support group for the parents and carers of autistic children and adults, and the partners of people with autism. We have around 4,000 members in and around Surrey.



It's FREE to join but a small donation via our JustGiving page is appreciated as we receive no external funding: <https://www.justgiving.com/fundraising/nassurreybranch>

If you're a member of NAS at national level, you can nominate us to receive part of your subscription by emailing supportercare@nas.org.uk

We run an active email forum and produce an email newsletter every two months. We also host talks, parent and partner support groups online and across Surrey and family events. To join for free, go to nassurreybranch.org or email surrey.branch@nas.org.uk to request a membership form.

We are part of the National Autistic Society which works for autistic people and runs services such as schools, clubs and adult centres. It has over 20,000 members, over 100 local branches and works in partnership with more than 50 local autism societies.

**National Autistic Society, 393 City Rd, London EC1V 1NG www.autism.org.uk.
Registered charity, number 269425. Company limited by guarantee, number 1205298.**

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