

Welcome to the February – March 24 issue of Surrey News

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Please note: Some of the articles in the front of the newsletter include information for young people and adults.

Happy 2024! We hope you had a peaceful and enjoyable Christmas and New Year.

We start the year with a Thank You to former Committee member Sally Roberts. Sally stepped down from the Committee in December, having been a member of it since 2020. We are extremely grateful for her contributions during that time, especially her work running the Parents of Girls Group and are delighted that she will be continuing to run this group.

Members often ask for more activities in the East and North of Surrey, so we have a few events taking place in those regions including a cinema outing in Reigate (now sold out) and a Dungeons and Dragons event in Spelthorne / Elmbridge in March.

In April we will be marking World Autism Acceptance Week with an information stall in Reigate town centre. See page 3 for details.

To run groups and activities in any particular area, we really need volunteers who are local to that area. So if you feel there is not enough on offer in your area, please do volunteer. We particularly need more volunteers and committee members from East or North Surrey. Finally, we are still in need of a volunteer to take on the committee role of online events organiser – if you are interested, please contact us for more details.

Christine Malik and Jason Malschuk
Co-Chairs, NAS Surrey Branch

Email: surrey.branch@nas.org.uk

Website: <https://NASSurreyBranch.org>

Tel: 07423 435413

Facebook: @NASSurreyBranch

Donations:

www.justgiving.com/nassurreybranch

NAS Surrey Branch Contacts

General Information

Branch Mobile: 07423 435413

surrey.branch@nas.org.uk

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sallyaroberts@hotmail.co.uk

Parents of Adults' Group

Hilary Dyce
hilarydyce@yahoo.co.uk

Parents of Children with PDA Group

Emma Ellis
Emma.ellis@nas-volunteers.org.uk

Other Activities:

Jill Goulding
Rachel Boyce-Davies
Stella Smith
Victoria Nunn

POSTAL ADDRESS

NAS Surrey Branch
c/o Walton Charities,
2 Quintet, Churchfield Road,
Walton on Thames KT12 2TZ

NB: No NAS staff / volunteers work here.

Other Useful Contacts

Unless clearly stated, organisations are not endorsed by NAS Surrey Branch or the NAS.

NAS website: <https://www.autism.org.uk/>

NAS membership: <https://bit.ly/3l84tBW>

Education Support

SEND Advice Surrey: 01737 737300

www.sendadvice.surrey.org.uk

SOS!SEN charity to support EHCPs etc, Tel: 020 8538 3731, Web: www.sossen.org.uk

Family Support & Representation

Family Support Service

Mindworks www.mindworks-surrey.org

Portage – support for children with SEND under 3.5 years <https://bit.ly/3zLW635>

Family Voice Surrey parent representation www.familyvoicesurrey.org

Action for Carers tel: 0303 040 1234

<https://www.actionforcarers.org.uk/>

Parent Programmes

NAS Stepping Up For Autism course

Email: Surrey.FamilySupport@nas.org.uk

Activities for children and young people

NAS Resource Centre, Godalming: 01483

521743 SEResourceCentres@nas.org.uk

interAKtive, Epsom-based charity for children with ASCs and other difficulties 07876 762178 www.interaktive.org.uk

Adult Services

Surrey Adult Social Svcs: 0300 200 1005

NAS Surrey Service Tel: 01483 861600,

email: surrey.service@nas.org.uk

Employment Support

Employability for people with disabilities including ASCs Tel: 01483 806806

<https://bit.ly/3f8WXTu>

AS Mentoring specialist mentoring and employment support for autistic people

<https://asmentoring.co.uk/>

Benefits advice

For children: <https://bit.ly/3xblygN>

For adults: <https://bit.ly/3ydoXNq>

Cerebra Downloadable DLA guide:

<https://bit.ly/3lpEoyh>

NAS SURREY BRANCH CALENDAR FEBRUARY – APRIL

NAS Surrey Branch support groups enable parents or other family members of autistic children or adults to meet up with others and share their knowledge and experiences.

If there isn't a group in your area, why not start one yourself? For more information, email surrey.branch@nas.org.uk

All dates are provisional. Please contact the host if you are planning to attend a meeting so that they know numbers and to confirm that the meeting is going ahead.

ZOOM SUPPORT GROUP FOR PARENTS/CARERS OF AUTISTIC CHILDREN IN SURREY

Meets monthly during term-time. Your child does not need a diagnosis for you to attend. For Zoom links for these meetings, email support@nassurreybranch.org

Wednesday 21st February 10.00 am

Monday 18th March 8.00pm

LOCAL IN-PERSON SUPPORT GROUPS

In-person support groups run by parent-volunteers for parents/carers of autistic children in Surrey. Your child does not need a diagnosis for you to attend.

Ashtead

For venue contact Tarah Basu tarahbasu@googlemail.com

Tuesday 20th February 10am – 12pm

Tuesday 19th March 10am – 12pm

Frensham

For venue contact Christine Malik christinemalik@btinternet.com or Bonnie Noyce JBNoyce@yahoo.com

Monday 5th February 9.30 - 11.00 am

Monday 11th March 9.30 - 11.00 am

Monday 22nd April 9.30 - 11.00 am

Guildford

For venues contact Sara Truman strumansurrey@gmail.com

Friday 23rd February 10.00am – 12.00 noon

Wednesday 20th March 7.30 – 9.00pm

Friday 19th April 10.00am – 12.00 noon

Reigate

For venue contact Victoria Nunn victoria.nunn@nas-volunteers.org.uk

Friday 2nd February 10.00am - 12.00 noon

Friday 1st March 10.00am - 12.00 noon

April – no meeting

Woking

For venues contact Paula Gerrard paulagerrard@live.co.uk

Wednesday 7th February 10.00am – 12.00 noon

Tuesday 5th March 8.00 – 9.30pm

Wednesday 17th April 10am – 12.00 noon

If you have problems clicking on any links, you may need to paste them into your browser

SPECIAL INTEREST GROUPS

Parents of Adults Group

Face-to-face meetings in West and East Surrey alternate with Zoom meetings.
Contact hosts for venues/links.

Thurs 8th February 2.30pm **Zoom** Contact Hilary Dyce hilarydyce@yahoo.co.uk

Thurs 22nd February 7.30pm **Zoom** Contact Sara Truman strumansurrey@gmail.com

Weds 6th March 10.00 – 12.00 noon - **Woking**. Contact Hilary Dyce

hilarydyce@yahoo.co.uk

Thurs 21st March 10.00 – 12.00 noon - **Leatherhead**. Contact Sara Truman

strumansurrey@gmail.com

Friday 5th April 2.30pm - **Zoom** Contact Hilary Dyce hilarydyce@yahoo.co.uk

Tuesday 16th April 7.30pm - **Zoom** Contact Sara Truman strumansurrey@gmail.com

Parents of Girls Group – Woking and Guildford

A group for parents of girls. Meets about once a month during term-time.

For venue contact Sally Roberts sallyaroberts@hotmail.co.uk

Thursday 18th January 10.00am – 12.00 noon - **Woking**

Monday 19th February 10.00 am– 12.00 noon - **Guildford**

Wednesday 13th March 10.00 am– 12.00 noon - **Woking**

Thursday 18th April 10.00am – 12.00noon

Spouses and Partners Group, Guildford

Meetings for the partners of autistic people (no diagnosis necessary).

For venue contact: Janet Moore janet.moore195713@gmail.com

Wednesday 31st January 8.00 – 9.30pm

Tuesday 27th February 8.00 – 9.30pm

March & April TBC

Parents of children and young people with Pathological Demand Avoidance

This group meets over Zoom. To receive the Zoom link contact Emma Ellis at

emma.ellis@nas-volunteers.org.uk

Thursday 25th January 8.00 pm

Thursday 29th February 8.00 pm

Thursday 28th March 8.00 pm

Thursday 25th April 8.00pm

Don't forget our **email support group** – the NASSB online forum.

To join go to: <https://nassurreybranch.org/moderated-email-forum/>

World Autism Acceptance Week Stall in Reigate

2nd - 8th April is World Autism Acceptance Week. To mark the week, the Branch will be running an information stand and collection on Saturday, 6th April in Reigate. The stall will run from 10.00am in the High Street. We'll be raising awareness of the Branch and the things we do, telling people about the aims of World Autism Acceptance Week and collecting funds for future activities. So if you're in the area, please come along and say hello to the volunteers on the stall!

If you would like to run your own activities for World Autism Acceptance Week, have a look at the ideas on the main NAS website here: <https://waaw.autism.org.uk/>

If you have problems clicking on any links, you may need to paste them into your browser

Dungeons & Dragons In-Person Event

Our next Dungeons & Dragons sessions will be held in Walton-on-Thames on Saturday 23rd March for autistic young people aged 12 – 17. There will again be two sessions from 10.00am -12:00pm and 1.00 – 3.00pm for up to 6 adventurers per session on a first come, first served basis.

In Dungeons & Dragons, the players form an adventuring party who cooperatively explore fantasy worlds and embark on epic quests. It is a collaborative story telling game where the players take charge of their character, deciding what actions to take and working together to defeat foes, solve puzzles and be heroes.

Dungeons & Dragons has many rules and guidelines, but these sessions will use basic starter rules which can be explained and introduced as play is carried on, so prior knowledge of the rules is not required. The Dungeon Master will explain everything. These two-hour sessions will use pre-made fantasy characters on a short quest. All materials will be provided, you just need to bring your imagination!

Parents/carers of the players remain responsible for their children throughout and will need to remain on site – there will be tea and coffee available and a chance to chat to other parents and volunteers from NAS Surrey Branch.

The suggested donation is £5 per player. For more details or to book, please email parent volunteer Jason Malschuk at Jason.Malschuk@nas-volunteers.org.uk

There was a great deal of interest in and demand for the previous event so future offerings will also be expanded to other areas of Surrey.

'All Aboard' Inclusive Play Session in Sutton

All Aboard Club runs inclusive train play sessions for autistic, ADHD and special needs children where they can build and play with huge train sets in a safe, understanding and supportive environment. At play sessions, children can run the trains, build the track, and sort out any problems. All Aboard Club staff and volunteers have lived experience of autism and ADHD. The sessions are suitable for children and siblings aged 4 and upwards and a parent or adult carer needs to stay for the whole session.

You can book a FREE trial session for first time families. For more information about play sessions and your child's specific needs, please call on 07948 407343 or email info@allaboardclub.com

Free Webinar on Autism and Sleep

Goffredina Spano, a lecturer at Kingston University, is hosting a free webinar on autism and sleep, on Thursday 8th February 12 - 1pm on Microsoft Teams. To find out more and to book a space, please see here: [A guide to understanding autism and sleep across development - Events - Kingston University London](#)

Have Your Say: Proposal to expand Limpsfield Grange School

There is currently a consultation on the expansion of Limpsfield Grange School, which will end on 5th February. You can find more information here: <https://www.surreysays.co.uk/csf/proposal-to-expand-limpsfield-grange-school/>

InterAKtive Summer Events in Surrey

The parent support charity interAKtive has various events over the summer with exclusive use of the venues and have extended the invitation to book to NAS Surrey Members too. All events need to be booked via Eventbrite:

Bocketts Farm, Leatherhead Fri, 5 Jul 5.00 – 7.30pm

<https://www.eventbrite.co.uk/e/bocketts-farm-park-with-interaktive-tickets-791762802857>

Godstone Farm Fri, 9 Aug 5.30 – 7.30pm

<https://www.eventbrite.co.uk/e/godstone-farm-with-interaktive-tickets-815699799057>

Gatton Park, Reigate Thu, 15 Aug 12:00 – 3.00p,

<https://www.eventbrite.co.uk/e/summer-picnic-play-trail-at-gatton-park-tickets-789320237077>

For more details about interAKtive go to: www.interaktive.org.uk

Autism Friendly East Surrey Launch event

Autism Friendly East Surrey is holding a launch event at The Light Cinema, 3-11 Gallery Walk, Redhill. RH1 1RU on Tuesday 27th February 2024 - 10am to 2pm.

Everyone is welcome: autistic adults and children, family carers, local businesses, community organisations and anyone keen to find out more about how to make the community autism friendly. The background music will be turned off during the event and Cinema Screen 6 will be a quiet area to escape to if you need a break.

Here's the schedule:

- 10am to 11am - Free taster sessions of some of The Light's activities including mini-golf, climbing and bowling
- 11.10am and 1.10pm - Two 45 minute 'Understanding Autism' workshops will be run by autistic people sharing their insights
- 12noon to 1pm - Include will run some sessions designed to boost your mood, as well as learning some communication skills, including Makaton.

Various community organisations will have information stands and there will be people available to offer advice.

For more information email Anna Attah: anna.attah@surreycc.gov.uk

SEND Law Session Hosted by Family Voice Surrey

Family Voice Surrey is hosting an in-person audience and Q&A with Michael Charles CEO of Sinclairs Law on special education law on Thursday, March 21st from 6pm – 8pm in Guildford.

Spaces are limited, please reserve your free place early to avoid disappointment. Places can be booked on Eventbrite <https://www.eventbrite.co.uk/e/audience-with-michael-charles-ceo-sinclairs-law-tickets-795977639547>

For more information, please email sara.d@familyvoicesurrey.org

If you have problems clicking on any links, you may need to paste them into your browser

IPSEA SEND Law Training for Parents

IPSEA is running a training session on SEND law for parents and carers online on Thursday 25th April from 09:45 - 14:45, including breaks and Q&A.

Delivered live via zoom, this one day training is designed specifically for parents, carers and supporting family members of children who are approaching being above, or are already above, compulsory school age, or who are young people (post-16).

The training covers:

- What your local authority and education setting should be doing to help
- The framework of the Children and Families Act 2014, including SEN support, EHC needs assessments, content of EHC plans and annual reviews
- How the Mental Capacity Act 2005 may apply
- Social care duties, including the transition from child to adult social care
- Transport duties relating to those over compulsory school age

The content will be particularly relevant to those who are navigating post-16 education and training for the first time, as well as those who want to refresh their knowledge or gain a greater understanding of the law. The training session is presented live by a member of IPSEA's legal team.

Thanks to a donation from The QBE Foundation, there are a limited number of funded spaces available for parents, carers and young people who are unable to access a full cost place.

For more details, go to <https://www.ipsea.org.uk/Event/send-law-and-young-people-post-16-25th-april>

NAS Professionals' Conference: Unlocking Insights into Autism

The NAS is running an online conference for professionals on March 14 from 9 am – 5 pm. It offers an opportunity for professionals to learn about personal insights, professional practices, lived experiences and research findings on topics related to autistic children and adults.

You can build your own program by choosing from a variety of stream sessions that align with your interests and gain proactive tips and strategies to enhance your professional practice.

There will be Q&A and you'll have on-demand access to view all presentations at your convenience, including additional 'bonus' sessions.

The conference is accredited by the CPD Certification Service, offering attendees a certificate of attendance as verifiable evidence for continuing professional development.

The standard Rate is £195.00 + VAT, Autistic Individuals and Families/Carers and NAS Volunteers: £65.00 + VAT.

To register or for more information, go to <https://www.autism.org.uk/what-we-do/autism-training-and-best-practice/conferences/annual-professionals-conference>

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Special Needs Dance, Cheerleading and Breakdancing Classes

Synergy Dance is running classes on Saturdays, during term time from 2.00 – 3.00pm which are suitable for children with Special Educational Needs and Disabilities.

Classes are run by a fully qualified and experienced SEND instructor with 1:1 support offered for students who may require this.

Synergy '*SEN'sational Activities for All* offers a combination of dance, fitness and movement. Classes will include optional cheerleading, street/break dance and body conditioning skills to work on fitness, dance skills and partner work.

Students will work towards an end of term performance where friends and family will be invited to watch as the children show off their skills, and receive certificates for their hard work and dedication.

For details go to <https://synergydanceoutreach.co.uk/> or email admin@synergydanceoutreach.co.uk/

Online Talk on Understanding PDA

Action for Carers is running a session with expert Sian from Space2BU, to find out more about Pathological Demand Avoidance and discover strategies to manage behaviours on a daily basis.

The webinar is on Tuesday 13th February from 6.30pm – 8.30pm. It will look at issues such as self-esteem, communicating when feeling overwhelmed, 'energy accounting' and collaboration. For more information or to book, go to <https://www.actionforcarers.org.uk/event/pathological-demand-avoidance/>

Wellbeing Festival in Epsom

Amplify is the Shadow Leadership Board for Mindworks Surrey, Surrey's Children, Young People's Emotional Wellbeing and Mental Health Service. They are hosting a wellbeing festival on Thursday 15th February from 10am-4pm at Rosebery School in Epsom.

The free family-friendly event will include performances, treasure hunts, arts, and crafts as well as stalls run by the Mindworks Team. It is designed to offer service users a way to have their say about mental health services and how they are run, as well as finding out more about the resources available to young people in the area.

Amplify want to hear about what you might find useful at the event via this survey https://docs.google.com/forms/d/e/1FAIpQLSecXEfpqUtOYoIGxQVakQFUtwiSI_PiHmZWngU5ZYKquNjTQ/viewform?pli=1

For those with sensory sensitivities there is a quiet hour planned from 10am -11am. This does not need to be booked simply speak to a member of the team on arrival who will direct you to the appropriate area.

There is no pre-registration so just turn up on the day. If you would like further information, please email: amplify.mindworks@sabp.nhs.uk

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Banstead Rotary Club charity walk

On Sunday 12th May Banstead Rotary Club is holding their annual charity walk, starting from Tattenham Corner on Epsom Downs. Anyone can apply to join the walk, with 85% of the funds raised going to a charity of your choice and 15% to charities supported by Banstead Rotary. For more details go to: <https://www.bansteadrotary.com/charitywalk24>

Please let us know if you are going to walk for us, by emailing surrey.branch@nas.org.uk so that we can encourage members to support you!

Useful Information for Carers

Do you know what your rights are as a carer? Do you know what additional support you could be entitled to in your caring role?

This checklist produced by Action for Carers sets out some of the things that you need to know about your rights and the support available from your community as a carer. Action for Carers can support you with many of the issues listed in the Checklist: <https://www.actionforcarers.org.uk/wp-content/uploads/2023/10/Carers-Checklist-Booklet-2023.pdf>

There is also a useful **Preparation Guide** if you are expecting a **Carer's Need Assessment**: <https://www.actionforcarers.org.uk/wp-content/uploads/2021/10/Guide-for-Carers-Assessment-ACS-July-2021.pdf>

You can apply for a Carer's Need Assessment here: <https://www.surreycc.gov.uk/adults/care-and-support/carers>

A carer's assessment is not a judgement on the role you play in caring for your loved one and will not affect any carer's allowance you receive. You can choose whether the person you're helping is made aware of it.

There is a video you can watch from Surrey County Council on YouTube: https://www.youtube.com/watch?v=1JEn1s_J9YY

To register with Action for Carers call 0303 040 1234, email CarerSupport@actionforcarers.org.uk or text 07723 486730

RESEARCH REQUEST: Autism and Ethnicity

Canterbury Christ Church University is conducting some research into autism and ethnicity. They would like to hear the stories of young people of the Global Majority and their families after receiving an Autism diagnosis.

They are looking for people aged 13-19 to have an interview about their life, their autism and their identity, and they would also like to interview their parent/carers. A diagnosis must have been made over 3 months ago and you must be happy to talk to the researcher (Beth) about their experiences.

The interviews will mostly be held online.

If you are interested, please email Beth at bc410@canterbury.ac.uk. Each young person will receive a £10 Amazon voucher as a thank you for their time.

If you have problems clicking on any links, you may need to paste them into your browser

Online Meeting About New Diagnostic Pathway in Surrey

As some members will know, on 30th November last year Mindworks Surrey (The Child and Adolescent Mental Health service in Surrey) temporarily closed the Neurodevelopmental Diagnostic Assessment Pathway process to new referrals.

The service has been overwhelmed with Assessment of Needs referrals since the system was changed in November 2022, when responsibility for making referrals to the service was given to schools. The new system led to demand for the service significantly exceeding the team's capacity to meet the need. A new diagnostic pathway is now being developed - you can see Mindworks statement from 30th November here:

<https://www.mindworks-surrey.org/about-us/talking-points/update-neurodevelopmental-diagnostic-assessment-pathway-children>

On **Thursday 8th February** Family Voice Surrey are hosting an online meeting from 12.15 to 1.45 pm when Kerry Clarke, Head of Emotional Mental Health & Wellbeing Commissioning for Children & Young People at NHS Surrey Heartlands, and members of the Mindworks Surrey Team, will give an update on the situation regarding referrals to the neurodevelopmental service.

Family Voice Surrey would like to invite you to meet with Kerry Clarke and other key professionals, for an opportunity to ask questions about the new ND Pathway timescales and the support currently available.

To sign up to the event, please use the Eventbrite link here:

<https://www.eventbrite.co.uk/e/neurodiversity-parent-carer-engagement-tickets-802997004657?aff=oddtcreator&fbclid=IwAR0I8dNWZmga9-laxqG03H3jYWPseUkBIR1pI1Q1OWfeDa9WvBEtQQbjV04>

If you would like to submit a question ahead of the event, please email contact@familyvoicesurrey.org

Kidz to Adultz South Exhibition

Kidz to Adultz in Farnborough is an exhibition for children and young people with disabilities and additional needs and the people who support them.

There will be 100+ exhibitors, free CPD seminars, networking opportunities, hands-on experience plus features and activities for children. For details go to <https://www.kidzexhibitions.co.uk/kidz-south/>

Career Help for Young Adult Carers

The Young Carers Futures Hub is a place for young carers (16-25) to go for information, support and some real practical help all around finding the right future career run by Carers' Trust <https://carers.org/young-carers-futures-hub/young-carers-futures-hub>

You can register to get involved in employability workshops, skills sessions, career insight days, youth voices roundtables, work experience, internships, apprenticeships, employment opportunities and more.

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INFORMATION FOR ADULTS, YOUNG PEOPLE AND THEIR FAMILIES

Evening and Weekend Support Providing Breaks for Carers

Surrey Choices has sent us the latest information about their short breaks for over-18s with additional needs. Working in partnership with Surrey County Council, Surrey Choices can support you as family Carer to give you a Short Break from caring, while the person you care for is looked after and having fun.

The support is provided on evenings and weekends in the community or within a Community Hub. The service helps people to get active in their community, have fun, and learn new skills. They are for:

- People over 18 with additional support needs living at home with their family or Carer
- Those whose family or Carer needs respite and who want to be an active member of their community

To find out more visit www.surreychoices.com, email info@surreychoices.com or call 01483 806806.

Share Your Experience of Hospital Care in Surrey

Healthwatch Surrey is working with Surrey and Borders Partnership NHS Foundation Trust to encourage neurodivergent people (and families/carers) to share their experiences of inpatient and outpatient hospital care across Surrey.

They want to understand barriers and enablers to neurodivergent people using acute hospital services and will capture these experiences, raise awareness of some of the obstacles that neurodivergent people may face in hospital settings, and seek to influence improvements.

To do this, they plan to use a co-production approach in the scoping stage of this project, so would like to speak someone who is either neurodivergent themselves, or who has lived experience of living with neurodiversity within their family, to help us in the pre-planning stage of this project. They will then decide how they can hear more from people about neurodiversity.

The commitment is a maximum of 2 x 1hr meetings in February (online or in person) with members of Healthwatch Surrey.

To find out more, contact Hannah Gilmour, Volunteer and Engagement Officer Healthwatch Surrey on 07949 817947 (Monday-Thursday, 9am-3pm).

Surrey Learning Disability and Autism Hub

Surrey County Council has a new Learning Disability and Autism Hub which provides helpful information for people with a learning disability, autistic people, carers, and professionals in a variety of formats including easy read and video and includes a chatbot function.

<https://www.surreycc.gov.uk/adults/care-and-support/disability/spb>

Relaxed Performance of Pride & Prejudice

The Guildford Shakespeare Company is putting on a relaxed performance of a new adaptation of Pride and Prejudice on Wednesday 14th February at 2.30pm at the Holy Trinity Church in Guildford. For more details, go to <https://www.guildford-shakespeare-company.co.uk/> or to buy a ticket, go to bit.ly/4bn4tWj

Online Talk on Caring for an Adult with Autism

Action for Carers is running an online talk on **Caring for an Adult with Autism** on Thursday 14th March 7.00 – 8.30. The Speaker Marie-Anne McKee.

They also have an in-person talk in Guildford on Monday 18th March from 12.00noon – 2.00pm on **Lasting Powers of Attorney and Mental Capacity**. For details, call Action for Carers on 0303 040 1234 or email CarerSupport@actionforcarers.org.uk

For up to date news and information about our events, and those organised by other local organisations, do sign up to the NAS Surrey Branch email forum <https://nassurreybranch.org/moderated-email-forum/>

About NAS Surrey Branch

NAS Surrey Branch is a volunteer-run, support group for the parents of autistic children and adults, and the partners of people with autism. We have around 4,000 members in and around Surrey.



It's FREE to join but a small donation via our JustGiving page is appreciated as we receive no external funding: <https://www.justgiving.com/fundraising/nassurreybranch>

If you're a member of NAS at national level, you can nominate us to receive part of your subscription by

We run an active email forum and produce an email newsletter every two months. We also host talks, parent and partner support groups online and across Surrey and family events. To join for free, go to nassurreybranch.org or email surrey.branch@nas.org.uk to request a membership form.

We are part of the National Autistic Society which works for autistic people and runs services such as schools, clubs and adult centres. It has over 20,000 members, over 100 local branches and works in partnership with more than 50 local autism societies.

National Autistic Society, 393 City Rd, London EC1V 1NG www.autism.org.uk. Registered charity, number 269425. Company limited by guarantee number 1205298.

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